

# Outdoor Learning

## Leading Group Walks

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Walking and rambling are very popular these days and good for fitness, mental health and wellbeing.

Are you interested in knowing more about leading a group walk?

### What are the entry requirements?

No formal qualifications are required to study this course. A willingness to learn is essential.

### Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us [courses@northern.ac.uk](mailto:courses@northern.ac.uk)

## Course description

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On this course, learn how to prepare for a group walk, the safety requirements, roles and responsibilities of a walk leader and, how to make a walk accessible and enjoyable for all. You will practice map reading skills in order to map out a walk, and have the opportunity to practice your walk leading skills.

Be prepared to get outdoors and put your knowledge into practise, and make sure that you have the suitable outdoor equipment which you would use normally use. We suggest walking boots, waterproof jacket, and rucksack.

## What can this course lead to?

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We offer other outdoor learning courses such as Intro to Navigation for Walkers, Being Active Outdoors, Forest Confidence and Forest Skills

## Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

## Location

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1-Onsite

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