

# Mental Health Education

## Supporting Children and Young Peoples Mental Health

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<b>When does this start and end?</b>	<b>What are the entry requirements?</b>	<b>Need more information?</b>
<p>We have 2 different start dates for this course:</p> <ul style="list-style-type: none"><li>• 1 March 2025 - 2 March 2025</li><li>• 16 June 2025 - 17 June 2025</li></ul>	<p>No formal qualifications are required to study this course. A willingness to learn is essential.</p>	<p>You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us <a href="mailto:courses@northern.ac.uk">courses@northern.ac.uk</a></p>

### Course description

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This course will explore some of the common mental health issues experienced by children and young people including anxiety and depression. It will help you develop an understanding of how to support children and young people with mental health concerns.

### Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

### Location

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On-site

### Course session dates

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Session dates for 1 March 2025 - 2 March 2025

- Saturday 01 Mar 2025 to Sunday 02 Mar 2025

Session dates for 16 June 2025 - 17 June 2025

- Monday 16 Jun 2025 to Tuesday 17 Jun 2025

**Last updated:** 22nd December 2024