

## **Mental Health Education**

# **Supporting Children and Young Peoples Mental Health**

#### What are the entry requirements?

No formal qualifications are required to study this course. A willingness to learn is essential.

#### **Need more information?**

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us courses@northern.ac.uk

### **Course description**

This course will explore some the common mental health issues experienced by children and young people including anxiety and depression. It will help you develop an understanding of how to support children and young people with mental health concerns.

#### Want to learn more?

You can find out more about Northern College and the courses on offer at one of our Open Events [https://www.northern.ac.uk/open-events/]

#### Location

On-site

Last updated: 2nd July 2024