

Mental Health Education

Supporting Children and Young Peoples Mental Health

When does this start and end?

We have 2 different start dates for this course:

- 1 March 2025 2 March 2025
- 21 July 2025 22 July 2025

What are the entry requirements?

No formal qualifications are required to study this course. A willingness to learn is essential.

Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us courses@northern.ac.uk

Course description

This course will explore some the common mental health issues experienced by children and young people including anxiety and depression. It will help you develop an understanding of how to support children and young people with mental health concerns.

Want to learn more?

You can find out more about Northern College and the courses on offer at one of our Open Events [https://www.northern.ac.uk/open-events/]

Location

On-site

Course session dates

Session dates for 1 March 2025 - 2 March 2025

Saturday 01 Mar 2025 to Sunday 02 Mar 2025
Session dates for 21 July 2025 - 22 July 2025

• Saturday 21 Jun 2025 to Sunday 22 Jun 2025

Last updated: 21st November 2024