

# Mental Health Education

## Understanding Children and Young Peoples Mental Health - Distance Learning

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The qualification develops learners' knowledge and skills in the area of children and young people's mental health.

The course is to be completed online at your own pace.

### What are the entry requirements?

Students will need to have a good level of literacy, equivalent to Level 1 and good IT skills.

### Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us [courses@northern.ac.uk](mailto:courses@northern.ac.uk)

## Course description

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The successful learner will understand the factors affecting mental health and a range of common conditions experienced by children and young people.

## What can this course lead to?

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Learners who achieve this qualification could progress to:

- Level 3 Certificate in Understanding Mental Health
- Level 3 Award in the Awareness of the Mental Capacity Act 2005
- Level 3 Diploma for the Children and Young People's Workforce (England)
- Level 3 Award/Certificate/Diploma in Supporting Teaching and Learning

## Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

## Location

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On-site

## Course session dates

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This course is self directed and you will study at your own pace. Access to the online learning platform will be made available when you have completed your enrolment.

**Last updated:** 23rd March 2025