

Mental Health Education

Awareness of Mental Health Issues - Distance Learning

This qualification aims to raise awareness of mental health and a range of mental health issues.

The course is to be completed online at your own pace.

When does this start and end?	What are the entry requirements?	Need more information?
<ul style="list-style-type: none">1 May 2025 - 1 July 2025	Students will need to have a good level of literacy, equivalent to Level 1 and good IT skills.	You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us courses@northern.ac.uk

Course description

The objective of this qualification is to develop the learners understanding of a range of mental-health problems, which could be used to support their role in the workplace, or where they may work or interact with individuals with mental-health problems.

What can this course lead to?

Learners who achieve this qualification could progress to:

- Level 2 and 3 Certificate in Preparing to Work in Adult Social Care
- Level 2 Award in Awareness of Dementia
- Level 3 Certificate in the Principles of End of Life Care
- Level 3 Certificate in Understanding Mental Health
- Level 3 Award in Counselling Skills and Theory
- Level 3 Diploma in Counselling Skills

Want to learn more?

You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

Location

On-site

Course session dates

This course is self directed and you will study at your own pace. Access to the online learning platform will be made available when you have completed your enrolment.

Last updated: 19th April 2025