

Mental Health Education

Awareness of Mental Health Issues - Distance Learning

This qualification aims to raise awareness of mental health and a range of mental health issues.

The course is to be completed online at your own pace.

When	does	this	start
and en	d?		

24 February 2025 - 2
May 2025

What are the entry requirements?

Students will need to have a good level of literacy, equivalent to Level 1 and good IT skills.

Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us courses@northern.ac.uk

Course description

The objective of this qualification is to develop the learners understanding of a range of mental-health problems, which could be used to support their role in the workplace, or where they may work or interact with individuals with mental-health problems.

What can this course lead to?

Learners who achieve this qualification could progress to:

- Level 2 and 3 Certificate in Preparing to Work in Adult Social Care
- Level 2 Award in Awareness of Dementia
- Level 3 Certificate in the Principles of End of Life Care
- Level 3 Certificate in Understanding Mental Health
- Level 3 Award in Counselling Skills and Theory
- Level 3 Diploma in Counselling Skills

Want to learn more?

You can find out more about Northern College and the courses on offer at one of our Open Events [https://www.northern.ac.uk/open-events/]

Location

Online

Course session dates

Session dates for 24 February 2025 - 2 May 2025

Monday 17 Feb 2025 to Friday 02 May 2025

Last updated: 22nd February 2025