

# Health Sciences

## Self-harm and Suicide Awareness and Prevention - Distance Learning

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This qualification is aimed at anyone seeking to improve their understanding and awareness of suicide and self-harm. The knowledge individuals will gain is not sector-specific but can be applied to a broad range of personal and professional situations.

The course is to be completed online at your own pace.

When does this start and end?	What are the entry requirements?	Need more information?
<ul style="list-style-type: none"><li>1 May 2025 - 1 July 2025</li></ul>	Students will need to have a good level of literacy, equivalent to Level 1 and good IT skills.	You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us <a href="mailto:courses@northern.ac.uk">courses@northern.ac.uk</a>

### Course description

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Individuals who may find this self-harm training course useful to their professional life include: teachers, mental health workers, crisis helpline volunteers, support workers, individuals in a safeguarding role, parents or guardians, and others working with individuals who may be at increased risk of self-harm or suicide.

### What can this course lead to?

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- Level 2 Award in Mental Health and Wellbeing
- Level 2 Certificate in Counselling Skills
- Level 2 Certificate in Mental Health Awareness
- Level 2 Certificate in Understanding Working in Mental Health
- Level 3 Diploma in Mental Health Care
- Level 3 Diploma Counselling.

## Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

## Location

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On-site

## Course session dates

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This course is self directed and you will study at your own pace. Access to the online learning platform will be made available when you have completed your enrolment.

**Last updated:** 19th April 2025