

# Health Sciences

## Understanding Autism - Distance Learning

---

This qualification aims to develop learner's understanding of autism and the principles of supporting autistic individuals.

The course is to be completed online at your own pace.

### What are the entry requirements?

Students will need to have a good level of literacy, equivalent to Level 1 and good IT skills.

### Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing [us\\_courses@northern.ac.uk](mailto:us_courses@northern.ac.uk)

## Course description

---

The course will cover strategies for supporting individuals with autism, including the person-centred approach, communication, and positive behaviour. It will also consider how individuals with autism can be supported to live healthy and fulfilled lives. It has been designed for learners who wish to develop an understanding of autism and how to support individuals with autism at work or in personal life.

## What can this course lead to?

---

Learners who achieve this qualification could progress to:

- Level 3 Diploma for the Children's Workforce (Early Years Educator)
  - Level 3 Certificate in Preparing to Work in Adult Social Care
  - Level 3 Diploma in Health and Social Care (Adults) for England
  - Level 3 Diploma for Residential Childcare (England)

- Level 3 Certificate in Understanding Autism

Additionally, the objective of this qualification is to help learners to progress within employment in a variety of sectors, and in several job roles where an understanding of autism and knowledge of how to support people with autism is required.

## Want to learn more?

---

You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

## Location

---

On-site

## Course session dates

---

This course is self directed and you will study at your own pace. Access to the online learning platform will be made available when you have completed your enrolment.

**Last updated:** 23rd March 2025